

Toronto eStroke Rehab RM&R System ACUTE CARE TO OUTPATIENT REHAB REFERRAL FORM

Please complete all fields and send referral electronically through eStroke or fax a copy of this form to the stroke rehab program if outside of Toronto.

Note: Referrals to community programs require the ATTENDING physician's name and phone number

CLIENT DETAILS			
Patient's First Name	Last Name		
Responsible Person*:			
Health Card Number *	Version Expiry Date		
Province/Territory Issuing Health Card	Referral Provider		
DEMOGRAPHICS			
Patient DOB	YYYY-MM-DD		
MRN			
Does client have a permanent address? Y N			
Patient's Home Address City	Province		
Postal Code	Phone Number		
Does the patient have an alternate contact? Y N			
Alternate Contact Name Phone Number	Relation to patient		
Current Location*:			
SUPPLEMENTARY INFORMATION			
When was patient admitted to acute care? YYYY-MM-DD*			
Patient's Gender			
Bed Offer Contact: First Name Last Name	Email address		
Does the patient have a Primary Care Provider? Y N			
Primary Care Provider's Name			
Primary Care Provider's Contact Information (phone or fax)			
Primary Language Spoken ☐ English ☐ Other If other inc	dicate Primary Language Spoken		
Speaks, Understands English Yes No	Interpreter Needed? Yes No		
Premorbid Vocational Status (before this encounter) (amended from CIHI-N	RS)		
	Adjusted/modified work Student Volunteer Unemployed Homemaker Don't know		
Type of vocation (Describe)	onemployed Tromemaker Don't know		
Educational Level (choose HIGHEST level completed)			
☐ High School Grade 12 ☐ High School Grade 13 ☐ Col	llege Diploma University Degree		
☐ Masters Degree ☐ Doctoral Degree ☐ Do	n't know		
Is patient ready to transfer to rehab within the next 24 hours? Yes No If NO, indicate Anticipated date ready for rehab or ready for transfer to rehab* MM/DD/YYYY	If early referral (e.g. patient to be weaned off of NG tube, IV out, dates) provide details in text box if special needs expected to resolve before discharge		
Rehab Setting Type Outpatient Rehab Apply to 1 outpatient rehab facilities based on closest to home/discharge destination and/or patient preference.			
Additional Referral Comments			

ACUTE MEDICAL ASSESSMENT



Patient's Name:				
	ignate or Nurse Practitioner t in as much detail as possible.		mandatory	
Date of Stroke Onset (or Date L	•		Y-MM-DD	
First Stroke? * ☐ Yes ☐ No	Date Previous Stroke	YYY	Y-MM-DD	
Type of Stroke* (current stroke)	☐ Ischemic ☐ Hemorrhagic ☐ Transforming to Hemorrhagi	C		
Stroke Location (most recent CT/MRI)	☐ Left ☐ Right ☐ Both	Frontal Parietal Occipital Temporal Internal Capsule		Basal ganglia Thalamus Cerebellum Brainstem
Deficits related to Current Stro	ke			
L Hemiparesis	☐ R Hemiparesis		☐ No Paresis	☐ Aphasia
☐ Dysphagia	☐ Apraxia		□ Neglect	☐ Ataxia
☐ Cognitive Impairment	☐ Visual Deficits		☐ Visual Perceptual Deficits	Other (provide additional details):
Previous CT or MRI Findings	□ None □ Evidence of previous infarcts □ Sub cortical white matter cha □ Sub cortical white matter cha □ Sub cortical white matter cha	anges - Mild anges - Moderate		
Mechanism of Stroke	□ Carotid Stenosis Required Surgery? □ Yes □ No (IF YES, include details in surgical history below) □ Cardioembolic □ Atrial Fibrillation □ Dilated Cardiomyopathy or other structural/wall movement abnormality □ Valvular problem □ Dissection □ Carotid □ Vertebral □ Small Vessel Thrombosis □ Auto Immune (include details in co-morbidity section below) □ Unknown □ Other (Provide details)			
Treatment Received	☐ Thrombolysis (e.g. t-PA) ☐ Endovascular Treatment (inc	clude details in surgical	history below)	
Specific Conditions Impacting None on this list Angina Coronary Artery Bypass Surg Atrial Fibrillation Arthritis Osteoporosis Amputation Asthma Systemic Lupus Erythematos Cerebral Vasculitis Other (list):	ery or Stenting Procedure			

ACUTE MEDICAL ASSESSMENT



3

Patient's Name:				
Charleson Comorbidities Index ☐ No Comorbidities on THIS List				
☐(1) Myocardial Infarct☐(1) Congestive Heart failure☐(1) Peripheral Vascular disease☐(1) Cerebrovascular disease☐(1) Dementia☐(1) Chronic pulmonary disease☐(1) Connective tissue disease☐(1) University of the second of the sec	(1) Diabetes (2) Hemiplegia (Pre-existing) (2) Moderate or severe renal disease (2) Diabetes with end organ damage (2) Any tumor (2) Leukemia		patient's abili rehabilitation	s above reflects the ty to tolerate . Patients with ay not tolerate
(1) Ulcer (1) Mild liver disease	☐(2) Lymphoma ☐(3) Moderate or severe liver disease ☐(3) AIDS			
Other Comorbid Conditions of Significance (list):				
Previous Psychiatric History * N If Yes, mandatory to describe history				
Current Psychiatric Diagnosis * N If Yes, mandatory to specify diagn				
Surgical History/Planned Surgery				
Surgeries No Yes	landa da la companya			
Complications/care plan resulting	ization/planned surgery with date: from surgery:			
Stroke Workup				
Echocardiogram H Done Not indicated Booked/_/_ yy/mm/dd	olter Monitor Done Not indicated Booked/_/_ yy/mm/dd	Carotid Imagii Done Not indicate Booked		*Secondary Prevention Clinic Booked */*/* yyyy/mm/dd Referred
Referring Physician's Name		Date	YYYY	-MM-DD
Attending Physician's Name*		Date	YYYY	-MM-DD
Referring Nurse Practitioner's Nar	me	Date	YYYY	-MM-DD

SOCIAL INFORMATION



5 4 4 1			
Patient's Name:			
FINANCES			
Who manages the patient's FINANCES NOW?	☐ Self	Others	☐ Don't Know
If OTHERS, list contact information contact person Name Relationship to patient Spouse partner	n, FINANCES ☐ son or daughter ☐ sibl	ing □relative □ fr	iend
Address		Postal Code	
Daytime Phone		Evening Phone	
PERSONAL CARE	<u>-</u>		
Who manages the patient's PERSONAL CARE decisions now?	☐ Self	Others	
If others, list contact information	ne as contact person, FIN	ANCES OR	
Contact Person, PERSONAL CARE decisions Name Relationship to patient	☐ son or daughter ☐ sibl	ing	riend
Address		Postal Code	
Daytime Phone		Evening Phone	
SUBSTITUTE DECISION MAKER			
Document if patient retains any of the following			
☐ A substitute decision maker ☐ Power o	f Attorney Gu	uardian	Public Guardian/Trustee N/A
Contact information if applicable ☐ Same Contact, FINANCES ☐ Same Contact, PERSONAL CARE ☐ Other, see below.			
If OTHER list contact information Name Relationship to patient □ Spouse □ partner □	☐ son or daughter ☐ sibl	ing	iend
Address		Postal Code	
Daytime Phone		Evening Phone	
□ Legal Settlement □ □ Short Term Disability □ □ Long Term Disability □ □ ODSP □	Private Insurance Ontario Works Canadian Pension Auto Insurance El		OAS Self-employed No income Veteran
☐ Inter-provincial Insurance Plan	Federal Government Insured/Self Pay Uninsured/Self Pay		IFH (Interim Federal Health Grant) Other Payment Sources Unknown
If insurance payment Name of insurer	Claim #		Certificate #
Group number	Policy #		

SOCIAL INFORMATION (cont'd)



Patient's Name:	
Marital Status:	□ Divorced
☐ Single ☐ Married	∐Divorced □Widowed
Common Law	□Vildowed □Unknown
Separated	
*Home living situation, living with: (Adapted from CIHI-NRS)	
Spouse/partner	
Family (including extended family)	
Lives with others (includes retirement home or group home WITH sup	portive services, supportive living environment, live-in caregiver, LTC)
Living alone (includes retirement home with NO supports available)	
Other (includes rooming house/boarding house/group home/shelter/hocomplete below	ostel with INO supportive services available) " if this ticked, mandatory to
Complete bolow	
Caregiver support can be provided by:	
□Spouse/partner	☐ Roommate or Others
Family (including extended family)	N/A
	_
Premorbid additional support required:	
Attendant care	
☐ Home support ☐ Privately-funded care	
None	
Provide information on premorbid function and existing supports r	equired pre-admission.
Can caregiver currently provide support with: ADL*	IADL*
N/A, patient does not have a caregiver	
Willing	П
Able	
Available days	H
Available evenings	
Comments caregiver support Indicate post-rehab supports availab	e and/or plans in progress (e.g. family to live with patient, able to
assist, able to purchase equipment, securing retirement home):	
2 ()	
Present accommodation:	∏Unknown
Residential Group Home	Homeless
Apartment Building	Other (list):
Rooming house	
Describe accommodation barriers that must be dealt with in order	
for patient to return home: Stairs into dwelling	□ No barriers
Stairs to bathroom	□ Don't know □ Other (list):
Stairs to bedroom	Other (list).
Expected Discharge Destination Post Rehab:	
Home	
Home, CCAC +/- paid help	
Assisted Living (seniors apt building, retirement home)	
Shelter/Hostel	
□ Don't know	
Comment:	
Completed by:	Date:

Toronto Stroke Rehab Referral System ACUTE TO OUTPATIENT REHAB REFERRAL FORM ALPHAFIM® INSTRUMENT



PT/OT to complete

- The AlphaFIM ® Instrument provides a snapshot of the patient's burden of care and helps assist in decision making for rehab
 referrals. Note: The most current details relating to status and management of bowel and bladder continence are provided in the
 nursing section of the referral
- Consultation with other team members required to ensure lowest score in 24 hours
- Day 3 (or earlier) AlphaFIM® Instrument scores are entered into the eStroke database for patients referred to stroke rehab within 7 days of stroke onset. In addition, a second score may be added to the referral if:
 - there has been a significant change in patient status
 - o referrals are initiated or updated after Day 7

O TOTAL ATO ITILIA	ica or apadica ditor b	ay i	
Patient's Name		DOB	YYYY-MM-DD
Tester Name		Date of As	sessment YYYY-MM-DD
AlphaFIM® scores completed: ☐On or by day 3 (First Assessment) ☐Second Assessment ☐Third			Assessment Fourth Assessment
Type of Stroke: (tick one) ☐Stroke R body ☐Stroke L body ☐Stroke no paresis ☐Stroke bilate			teral Other stroke
Complete the AlphaFIM® Instrument it	ems indicated below ba	ased on the d	istance the patient can currently walk.
Patient walks less than 150ft	Patient walks 150ft	or more	AlphaFIM® Instrument Rating Levels
Eating	Transfers: Bed Chair		Note: leave no blanks Enter 1 if not able to test an item due to risk No HELPER
Grooming	Walk		7. Complete Independence (no device, timely, safely) 6. Modified Independence (device, not timely, or not safely)
Bowel Management	Bowel Management		Helper Modified Dependence (performs 50% or more of task)
Transfers: Toilet	Transfers: Toilet		5. Supervision (patient performs 100% of the effort) 4. Minimal Assistance (patient performs 75% or more of the effort)
Expression	Expression		3. Moderate Assistance (patient performs 50% - 74% of the effort) Complete Dependence (performs less than 50% of task)
Memory	Memory		Maximal Assistance (patient performs 25% - 49% of the effort) Total Assistance (patient performs < 25% of the effort)
Comments:		31	
Projected Scores from AlphaFIM® Instrument software at www.udsmr.org (select software portal, AlphaFIM® software).		If bowel scored 7 indicate in comment section if due to: a) Absence of bowel movement in last 24 hours b) Patient fully continent.	
FIM® 13 Raw Motor			
FIM® 5 Raw Cognition			
FIM® 13 Rasch Motor			
FIM® 5 Rasch Cognition			Projected scores are calculated using the AlphaFIM® Instrument software.
FIM® Motor Range			institution software.
FIM® Cognition Range			
FIM® Walking Range			
Help Needed			
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6

Toronto Stroke Rehab Referral System ACUTE TO OUTPATIENT REHAB REFERRAL FORM ORPINGTON PROGNOSTIC SCALE



Orpington Prognostic Scale TIPS for Completion document available as a link on this page or in REFERENCES Section

PT/OT to complete		
Orpington Prognostic Scale: Grade the patient by CIRCLING the appropriate sca	res below.	
Motor deficit in arm Lying supine, patient flexes shoulder to 90 degrees and is resistance	given	
MRC grade 5 (normal power)	0	Total Orpington
MRC grade 4 (diminished power)	0.4	Prognostic Score
MRC grade 3 (movement against gravity)	0.8	1.6
MRC grade 1-2 (movement with gravity eliminated or trace)	1.2	Motor score
MRC grade 0 (no movement)	1.6	+ Proprioception
Proprioception (eyes closed) Locates affected thumb		+ Balance score
Accurately	0	+ Cognition Score
Slight difficulty	0.4	=
Finds thumb via arm	0.8	<u></u>
Unable to find thumb	1.2	
Balance		
Walks 10 feet without help	0	Interpretation of Stroke Severity Score:
Maintains standing position	0.4	< 3.2 score = 3 minor stroke
Maintains sitting position	0.8	3.2-5.2 score = 1 moderate stroke > 5.2 score = -1 major stroke
No sitting balance	1.2	·
Cognition (Hodgkins Mental test): Can the patient recall Hodgkins Mental Test score: options are 0.0, 0.4, 0.8, 1.2		Scoring Cognition (Score out of 10): Mental score 10 = 0.0 Mental score 8-9 = 0.4 Mental score 5-7 = 0.8 Mental score 0-4 = 1.2
1. Age of the patient	1	
2. Time (to the nearest hour)	1	
(Prompt by you) I am going to give you an address, please remember it and I will ask you later: 42 West St		Strategies for Aphasic Patients
3. Name of hospital	1	 Provide 3 choices written down if necessary for each question – allow patient to point to answer
4. Year	1	Provide a yes/no answer to a question and
5. Date of birth of patient	1	provide sufficient time for patient to answer e.g.;Patients age – provide 3 choices and
6. Month	1	yes/no answer
7. Years of Second World War (1939-1945) (approximate range okay)	1	 Time – provide 3 choices and yes/no answer or use a clock and allow patient to
8. Name of President of the United States	1	point
9. Count backwards from 20	1	
10. What is the address I asked you to remember?	1	

Toronto Stroke Rehab Referral System ACUTE TO OUTPATIENT REHAB REFERRAL FORM ORPINGTON PROGNOSTIC SCALE



Patient's Name:					
PT/OT to complete		Tester Name:	:		Date:
	-1 	Coma at onset of stroke			
	+1 🗆	Pure motor deficit			
	-1 🗆	Visuospatial deficit			with the time of 10 minutes after 11 am, OR if the have patient observe a clock and tell the time, or on test)
	+1 🗆	Lacunar infarct	Parietal symptoms may include:		no may include:
	-2 □	Bihemispheric deficit		Anosognosia	a: ignorance or lack of awareness of deficit
Stroke Modifiers	-1 🗆	Dysphagia		 Finger Agnosia: inability to name individu the thumb or finger 	
	-2 □	Parietal Symptoms	Right-to-left Confusion: inability to tell whether	the examiner is on the right or left side of the pairment of simple arithmetic	
	-1 □	Incontinence persists 2 w or longer post stroke	eeks	unrelated to inabili	ave neurologic bladder incontinence (i.e. ty to get to a toilet in time as a result of rsists for more than 2 weeks post stroke
	+2 □	Age <55 years			
	-3 🗆	Severe cardiovascular dis CCS Class III-IV and/or N		Class III-IV Angina	Confirm the existence of severe cardiac or respiratory disease or symptomatic PVD
Patient Modifiers	-3 □	Severe respiratory diseas Class III-IV	se Dysp	onea	disease with NP or MD
	-1 □	Coexistent symptomatic F	PVD		
	-1 □	Poor premorbid functioning	ng		
	+2 🗆	Time elapse since stroke	< 2 we	eeks	
Time Modifiers	0 🗆	Time elapsed since stroke	e = 2-4	weeks	
Time Modifiers	-1 🗆	Time elapsed since stroke	e = 4-8	weeks	
	-2 □	2 ☐ Time elapsed since stroke > 8 weeks			
Modified Orpington Score If final score is =≥ 0 Clie If final score is < 0 Clie	nt is a can		progra	ams or home rehab.	
If unable to complete the Indicate reason	e Orpingto	n,		may be required to c	Orpington indicate reason. Consultation with omplete the Orpington for patients with

Toronto Stroke Rehab Referral System ACUTE TO OUTPATIENT REHAB REFERRAL FORM CANADIAN OCCUPATIONAL PERFORMANCE MEASURE©



Patient's Name			
OT/PT to complete	Tester's Name		Date:
Was a COPM completed for this episode If NO, Unable to complete COPM (provid Language barrier with no translation ava Aphasia without available support COPM© not currently implemented in or Other (list below): If Other select – Describe reason unable	e reason) illable ganization	complete the COPM	
Tester First Name		Last Name	
Tester Phone Number		Extension	
Completed:		Assessment Date YYY	Y-MM-DD
Scoring PERFORMANCE (How would you rate the way you do this activity now?) 1 = not able to do it at all, 10 = able to do it extremely well Satisfaction (How satisfied are you with the way you do this activity now?			
1 = not satisfied at all, 10 = extremely sa How many Occupational Performance Pr		fied?	
Occupational Performance Problem 1			
Describe: Rate Importance:			
Occupational Performance Problem 2			
Describe: Rate Importance:			
Occupational Performance Problem 3 Up to 5 Occupational Performance Problems			
Describe: Rate Importance: Up to 5 Occupational Performance Proble can be identified and rated			
Occupational Performance Problem 4			
Describe: Rate Importance:			
Occupational Performance Problem 5			
Describe: Rate Importance:			
Additional Information			
How many additional Occupational Perfo	ormance Problems has the pa	tent identified? – Maximu	m of 10
Notes and Observations			

FUNCTIONAL ASSESSMENT



Patient's Name:				
PT/OT to complete	Tester Name:	Date:		
Functional Status* - Comment on current functional status	Functional Status* - Comment on current function and patient's PROGRESS (functional gains) since admission and implications for future			
Ability to participate – current status: Physical Activity tolerance *	Sitting tolerance *	Mental Activity		
☐ 15-30 minutes ☐ Supp ☐ 30-60 minutes ☐ 15-30		☐ 15-30 minuto		
□ > 1 hour □ 30-60 □ > 1 hou	minutes 30-60 minutes	☐ >1 hour		
Frequency of activity/therapy treatment tolera			kly	
Comment on changes or limitations in PARTI	CIPATION during this admission and	implications for future rehab:		
Motivation to participate in rehabilitation (choose One) Demonstrates motivation to participate in rehab (regular attendance and involvement, cooperation) Usually motivated to participate, occasional frustration apparent Motivated to participate but attendance, involvement or cooperation irregular				
Is the patient experiencing shoulder pain?				
Can patient take direction, execute and RETAIN verbal OR written OR visual instructions? Yes No				
Anticipated Progress: $$ the column matching anticipated independence by end of next reference to the setting		Minimal assistance	Moderate to maximal assistance	
Locomotion				
Transfers				
ADL				
IADL				
Other (list)				
Auditional Services.	n management f-care & mobility assessment prescripti	on		

FUNCTIONAL ASSESSMENT – con't



Patient's Name:			
PT/OT to complete	Tester Name:	Date:	
Visual Perceptual Status – Attention Mild Inattention Moderate Inattention Severe Inattention	on*	Visual Perceptual status* Body neglect Reduced depth perception Affected spatial awareness/skills Apraxia Visual field deficit	
Cognition – Attention* No deficit Mild Moderate Severe Unable to test	Memory * No deficit Mild Moderate Severe Unable to test	Judgment * No deficit Mild Moderate Severe Unable to test	Executive Functioning * No deficit Mild Moderate Severe Unable to test
MoCA Score completed? Yes If Yes indicate score /30	□ No	A score <26 warrants ongoing co	gnitive assessment
Comments on COGNITION - Descr	ibe Impact of Cognition and Percep	tion on Function <u>during this admissi</u>	on*
If any of mild/moderate/severe checked, mandatory to complete text box			
In your opinion, rate the patient's progress during this admission Marked progress Moderate progress Patient has plateaued in progress Patient is too acute to measure progress Other (comment)			
Comment, RATE OF PROGRESS			

Toronto Stroke Rehab Referral System ACUTE TO OUTPATIENT REHAB REFERRAL FORM COMMUNICATION AND SWALLOWING

Toronto	Stroke
	Networks

Patient's Name:				
SLP to complete Tester	Name:	Date:		
Is Speech Language Pathologist involved with this patient ☐ Yes ☐ No				
Communication Disorder None New Old Both new and old	Speech* Adequate Receptive aphasia Expressive aphasia Dysarthria Apraxia Cognitive communication deficit Voice disorder		Communicates ☐ Adequately ☐ With Difficulty ☐ Unable	
Current status and changes in COMMU	NICATION during this admis	sion		
Changes in Communication*				
Swallowing Disorder * None New Old Both new and old	Phase Swallowing A Pharyngeal Oral Both Esophageal			
Current status and changes in SWALL(<u>JWING</u> during this admission	n and implications for future	renab:*	
Has videofluoroscopy been performed on this admission? ☐ Yes ☐ No ☐ No ☐ Repeat/videofluoroscopy recommended? ☐ Yes ☐ No				
Diet * Regular NPO GJ GJ GG	Adjusted diet: solids Minced diet Pureed diet Dental soft diet Snacks only Other (list below):		Adjusted diet: liquids Thin liquids Nectar thick liquids Honey thick liquids Pudding Sips of water only G-tube feeds Other (list below):	
Changes in DIET during this admission and implications for future rehab				
Anticipated Progress: √ the column matching anticipated level of independence by end of next rehab setting Communication	Independent with or without aids	Minimal assistance	Moderate to maximal assistance	
Feeding				
Impact of communication disorder(s) o None Mild Moderate Severe	n behavior			
Speech, language and diet comments:				

COMMUNITY REFERRAL

Toronto	Stroke
	Networks

Note: Only complete this section if the patient is being referred to rehab in the community
Reason for referral – services, programs and transportation (check
ALL that apply)
□ Dietitian
□ Neuropsychology~
□ Nursing
Occupational therapy
☐ Physiatry
☐ Physical therapy
☐ Psychology
□ Social work
Speech language pathology/ Communication
Speech language pathology/ Swallowing
Other rehab services (list)
~Referral will be made internally by the Outpatient team on assessment
Transportation (check ALL that apply)
□ Independent
Accompanied by friend/family
Accompanied by attendant
Uses Wheel Trans
☐ Uses public transport
Uses other (list)
Additional Referral Comments: