

Toronto eStroke Rehab RM&R System ACUTE CARE TO INPATIENT REHAB REFERRAL FORM

Please complete all fields and send referral electronically through eStroke or fax a copy of this form to the stroke rehab program if outside of Toronto.

CLIENT DETAILS				
Patient's First Name	Last Name			
Responsible Person*:				
Health Card Number *	Version Expiry Date			
Province/Territory Issuing Health Card	Referral Provider			
DEMOGRAPHICS				
Patient DOB	YYYY-MM-DD			
MRN				
Does client have a permanent address? Y N				
Patient's Home Address City	Province			
Postal Code	Phone Number			
Does the patient have an alternate contact? Y N N				
Alternate Contact Name Phone Number	Relation to patient			
Current Location*:				
SUPPLEMENTARY INFORMATION				
When was patient admitted to acute care? YYYY-MM-DD*				
Patient's Gender M F Other				
Bed Offer Contact: First Name Last Name	Email address			
Does the patient have a Primary Care Provider? Y				
Primary Care Provider's Name				
Primary Care Provider's Contact Information (phone or fax)				
Primary Language Spoken English Other If other indicate Primary Language Spoken				
Speaks, Understands English 🔲 Yes 🔲 No	Interpreter Needed? Yes No			
Premorbid Vocational Status (before this encounter) (amended from CIHI-	NRS)			
	Adjusted/modified work			
Retired Self-employed Type of vocation (Describe)	Unemployed Homemaker Don't know			
Educational Level (choose HIGHEST level completed)				
	ollege Diploma 🔲 University Degree			
Masters Degree Doctoral Degree Doctoral Degree	on't know 🔲 Other (list)			
Is patient ready to transfer to rehab within the next 24 hours? Yes No If NO, indicate Anticipated date ready for rehab or ready for transfer to rehab* If early referral (e.g. patient to be weaned off of NG tube, IV out, dates) provide details in text box if special needs expected to resolve before discharge				
Rehab Setting Type Inpatient rehab High Intensity Rehab Inpatient Low Intensity	Rehab 🔲 Outpatient Rehab			
Apply to maximum of 2 rehab facilities based on closest to home/discharge of Additional Referral Comments	estination and/or patient preference. Indicate patient preferred choice			

Toronto eStroke Rehab RM&R System ACUTE TO INPATIENT REHAB REFERRAL FORM ACUTE MEDICAL ASSESSMENT



Patient's Name:				
	ignate or Nurse Practitioner to in as much detail as possible.		mandatory	
Date of Stroke Onset (or Date I	· · · · · ·		(Y-MM-DD	
First Stroke? *	Date Previous Stroke	YY	(Y-MM-DD	
Type of Stroke* (current stroke)	Ischemic Hemorrhagic Transforming to Hemorrhagic	c		
Stroke Location (most recent CT/MRI)	Left Right Both	Frontal Parietal Occipital Temporal Internal Capsule] Basal ganglia] Thalamus] Cerebellum] Brainstem
Deficits related to <u>Current</u> Stro				
L Hemiparesis	R Hemiparesis Apraxia		☐ No Paresis ☐ Neglect	☐ Aphasia ☐ Ataxia
Cognitive Impairment	Visual Deficits		Visual Perceptual Deficits	 Other (provide additional details):
Previous CT or MRI Findings	None Evidence of previous infarcts Sub cortical white matter cha Sub cortical white matter cha Sub cortical white matter cha	anges - Mild anges - Moderate		
Mechanism of Stroke	Carotid Stenosis Required Surgery? Yes (IF YES, include details in surgic Cardioembolic Atrial Fibrillation Dilated Cardiomyopathy Valvular problem Dissection Carotid Small Vessel Thrombosis Auto Immune (include details Unknown Other (Provide details)	al history below) or other structural/wall		у
Treatment Received	 Thrombolysis (e.g. t-PA) Endovascular Treatment (inc 	lude details in surgical	history below)	
Specific Conditions Impacting None on this list Angina Coronary Artery Bypass Surg Atrial Fibrillation Arthritis Osteoporosis Amputation Asthma Systemic Lupus Erythematos Cerebral Vasculitis Other (list):	ery or Stenting Procedure			

Toronto eStroke Rehab RM&R System ACUTE TO INPATIENT REHAB REFERRAL FORM ACUTE MEDICAL ASSESSMENT



Patient's Name:				
Charleson Comorbidities Index				
 (1) Myocardial Infarct (1) Congestive Heart failure (1) Peripheral Vascular disease (1) Cerebrovascular disease (1) Dementia (1) Chronic pulmonary disease (1) Connective tissue disease 	 (1) Diabetes (2) Hemiplegia (Pre-existing) (2) Moderate or severe renal disease (2) Diabetes with end organ damage (2) Any tumor (2) Leukemia 		patient's abi rehabilitatio	es above reflects the lity to tolerate n. Patients with nay not tolerate
☐(1) Ulcer ☐(1) Mild liver disease	(2) Lymphoma (3) Moderate or severe liver disease			
Other Comorbid Conditions of Significance (list):	☐(3) AIDS			
Previous Psychiatric History * N If Yes, mandatory to describe hist				
Current Psychiatric Diagnosis * M If Yes, mandatory to specify diagr				
Surgical History/Planned Surgery				
Surgeries No 🗌 Yes 🗌				
	lization/planned surgery with date:			
	from surgery:			
Stroke Workup				
	lolter Monitor Done Not indicated Booked/_/yy/mm/dd	Carotid Imagin	•	*Secondary Prevention Clinic Booked */*/* yyyy/mm/dd Referred
Referring Physician's Name		Date	YYY	Y-MM-DD
Attending Physician's Name*		Date	YYY	Y-MM-DD
Referring Nurse Practitioner's Nat	me	Date	YYY	Y-MM-DD

SOCIAL INFORMATION



Patient's Name:			
FINANCES			
Who manages the patient's FINANCES NOW?	Self	Others	Don't Know
If OTHERS, list contact information contact person,	FINANCES		
Name Relationship to patient Spouse partner	son or daughter 🗌 sibl	ing 🗌 relative 🔲 fi	riend 🔲 appointed 🔲 other
Address		Postal Code	
Daytime Phone		Evening Phone	
PERSONAL CARE	-	-	
Who manages the patient's PERSONAL CARE decisions now?	Self	Others	
If others, list contact information	e as contact person, FINA	NCES OR	
Contact Person, PERSONAL CARE decisions			
Name Relationship to patient Spouse partner	son or daughter 🗌 sibl	ing 🗌 relative 🔲 fi	riend 🔲 appointed 🔲 other
Address		Postal Code	
Daytime Phone		Evening Phone	
SUBSTITUTE DECISION MAKER		-	
Document if patient retains any of the following			
A substitute decision maker	Attorney 🗌 Gu	ıardian	Public Guardian/Trustee N/A
Contact information if applicable	ntact, PERSONAL CARE	[☐ Other, see below.
If OTHER list contact information Name Relationship to patient Spouse partner	son or daughter 🗌 sibl	ing 🗌 relative 🔲 fi	riend 🗌 appointed 🗌 other
Address		Postal Code	
Daytime Phone		Evening Phone	
Financial Information Adapted from CIHI NRS			_
Legal Settlement C Short Term Disability C Long Term Disability A ODSP E	rivate Insurance Ontario Works canadian Pension .uto Insurance .l	Γ	_OAS _Self-employed _No income _Veteran
Inter-provincial Insurance Plan	ederal Government nsured/Self Pay Ininsured/Self Pay		☐IFH (Interim Federal Health Grant) ☐Other Payment Sources ☐Unknown
If insurance payment Name of insurer	Claim #		Certificate #
Group number	Policy #		

SOCIAL INFORMATION (cont'd)



Patient's Name:	
Marital Status:	
☐ Single	
Married	Widowed
Separated	
*Home living situation, living with: (Adapted from CIHI-NRS)	
Spouse/partner	
Family (including extended family)	
Lives with others (includes retirement home or group home WITH suppo	rtive services supportive living environment live-in caregiver LTC)
Living alone (includes retirement home with NO supports available)	
Other (includes rooming house/boarding house/group home/shelter/host	el with NO supportive services available) * if this ticked mandatory to
complete below	
Caregiver support can be provided by:	
Calegiver support can be provided by.	
Spouse/partner	Roommate or Others
Family (including extended family)	\square N/A
Premorbid additional support required:	
Attendant care	
Home support	
Privately-funded care	
Provide information on premorbid function and existing supports req	uirod pro admission
Frovide information on premorbid function and existing supports req	ulleu pre-autilission.
Can caregiver currently provide support with: ADL*	IADL*
N/A, patient does not have a caregiver	
Willing	
Able	
Available days	
Available evenings	
Comments caregiver support Indicate post-rehab supports available	and/or plans in progress (e.g. family to live with patient, able to
assist, able to purchase equipment, securing retirement home):	
Present accommodation:	
Residential Group Home	
Apartment Building	Other (list):
Rooming house	
Describe accommodation barriers that must be dealt with in order	
for patient to return home:	No barriers
Stairs into dwelling	Don't know
Stairs to bathroom	Other (list):
Stairs to bedroom	
Expected Discharge Destination Post Rehab:	
Home	
Home, CCAC +/- paid help	
Assisted Living (seniors apt building, retirement home)	
Shelter/Hostel	
Don't know	
Comment:	
Completed by:	Date:

CARE REQUIREMENTS



Patient's Name:						
Nurse to complete						
* Is patient > 250 lbs? Yes No Weight* Lbs Kilos Height * Hip Width: Inches Centimeters						
Vision Hearing Adequate Adequ Impaired Impaired Glasses Uses Sign Yes Yes	ed n Language*	Comments, Vision and Hearing (list any hearing devices)				
	Does the patient have any of the post stroke complications listed Yes No □Fracture after a fall Venous thromboembolism □Seizures □Pneumonia					
Allergies* Allergies* Drug Allergies Food Allergies Environmental Allergies Other Allergies No Known Drug Allergies List Allergies:						
Disorientated to:						
Time Person P	lace					
Comments:						
Behaviour * Cooperative Demanding Behaviour * Depressed Check ALL that apply, at least one must be checked Screams Agitated (sun downing) Must be checked Suspicious Abusive (verbally) Abusive (physically) Abusive (generally) Anxious Paranoid Sexually disinhibited Exit Seeking						
Comment on changes in cognition, behaviour during this admission and implications on future rehab*.						
Overall impact of behavior on ADL	☐None ☐Mild ☐Moderate ☐Severe					

CARE REQUIRMENTS con't



Nurse to complete this section in as much detail as pos	ssible to allow rehab to c	letermine if they c	an meet patient's current of	care requirements.
Safety and Support Required		-	-	
N/A Bed alarm Geri chair Chair alarm Bed rails Sitter/ observer Hoyer lift Other supports (List)	Restraints used * N/A Physical Chemical Type/Reason for restraints Frequency: times per day/week/month		Wandering risk* If checked, mandatory to provide information in "Wandering Risk Comments" N/A Indoor Outdoor	
Falls post stroke during this admission* If yes checked, mandatory to con "Reason for fall", and provide information in "Reason for fall comment" b □Yes □ No Frequency: times per day/week/month		nplete oox	Reason for fall:* (if Yes checked) Balance Vision Strength	 Fatigue Decreased insight, judgment Other (list):
Special Needs *				
No special needs on list OR choose ALL that apply □CRE** □Tracheotomy		Treatment		
Suction Peritoneal Oxygen Hemodialy IV Therapy Insulin pur CPAP	tion Peritoneal Dialysis gen Hemodialysis herapy CPAP			
BiPAP COVID-19** Cytotoxic Medications MRSA** Active Chemotherapy VRE** Other Special Needs ESBL** Other Special Needs		Procedure		
If anything other than "No special needs" is checked, mandatory to complete "Treatment details, Precautions, Procedures" text boxes If Hemodialysis ticked, mandatory to complete "Transportation needs" text box		Transportation		
Skin condition				
Ulcers present *	Description			
☐Yes ☐No	Size	Location		
If yes complete description and Braden staging grade:	Improving? 🗌 \	′es 🗌 No		
Other skin condition (list)				
Bladder management* Indwelling catheter Condom catheter Using incontinent product Toileting required Occasional incontinence Total incontinence	Bowel management* Continent Toileting required Occasional incontinence Total incontinence Using incontinent product			
Provide details on relevant treatment, procedures and/or precautions				
Ostomy Type and care/products required				
Ability to care for ostomy: Independent	Total care	Requires	supervision 🗌 Requi	res assistance
Describe nursing care plan required for ostomy				
Completed by:		Date:		

eStroke Rehab Referrals Acute to Inpatient Last modified Mar 2023 * MANDATORY - Electronic Referral cannot be made without completion of this field



PT/OT to complete

- The AlphaFIM ® Instrument provides a snapshot of the patient's burden of care and helps assist in decision making for rehab referrals. Note: The most current details relating to status and management of bowel and bladder continence are provided in the nursing section of the referral
- Consultation with other team members required to ensure lowest score in 24 hours
- Day 3 (or earlier) AlphaFIM® Instrument scores are entered into the eStroke database for patients referred to stroke rehab within 7 days of stroke onset. In addition, a second score may be added to the referral if:
 - \circ there has been a significant change in patient status
 - o referrals are initiated or updated after Day 7

Patient's Name		DOB		YYYY-MM-DD
Tester Name	Tester Name Date of As		ssessment YYYY-MM-DD	
AlphaFIM® scores completed:			Assessment	sment
Type of Stroke: (tick one) Stroke R body Stroke L body			teral Other stroke	
Complete the AlphaFIM® Instrument iter	ms indicated below ba	ased on the d	istance the patient can current	ly walk.
Patient walks less than 150ft	Patient walks 150ft	or more	AlphaFIM® Instrument Ra	ting Levels
Eating	Transfers: Bed Chair		Note: leave no blanks Enter 7	1 if not able to test an item due to risk
Grooming	Walk		7. Complete Independence	(no device, timely, safely) device, not timely, or not safely)
Bowel Management	Bowel Management		Helper	rforms 50% or more of task)
Transfers: Toilet	Transfers: Toilet		5. Supervision (patient perfo	
Expression	Expression			tient performs 50% - 74% of the effort) erforms less than 50% of task)
Memory	Memory		2. Maximal Assistance (pati	tient performs 25% - 49% of the effort) t performs < 25% of the effort)
Comments:				
Projected Scores from AlphaFIM® Instrument software at <u>www.udsmr.org</u> (select software portal, AlphaFIM® software).				in comment section if due to: ovement in last 24 hours it.
FIM® 13 Raw Motor				
FIM® 5 Raw Cognition			1	
FIM® 13 Rasch Motor				
FIM® 5 Rasch Cognition			Projected scores are calculated using the AlphaFIM® Instrument software.	
FIM® Motor Range				
FIM® Cognition Range				
FIM® Walking Range				
Help Needed				
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Orpington Prognostic Scale TIPS for Completion document available as a link on this page or in REFERENCES Section

PT/OT to complete		
Orpington Prognostic Scale: Grade the patient by CIRCLING the appropriate sc	ores below.	
Motor deficit in arm Lying supine, patient flexes shoulder to 90 degrees and i resistance	s given	
MRC grade 5 (normal power) MRC grade 4 (diminished power)	0 0.4	Total Orpington Prognostic Score
MRC grade 3 (movement against gravity) MRC grade 1-2 (movement with gravity eliminated or trace) MRC grade 0 (no movement)	0.8 1.2 1.6	1.6 + Motor score + Proprioception
Proprioception (eyes closed) Locates affected thumb	4	+ Balance score
Accurately Slight difficulty Finds thumb via arm Unable to find thumb	0 0.4 0.8 1.2	Cognition Score
Balance		
Walks 10 feet without help Maintains standing position Maintains sitting position No sitting balance	0 0.4 0.8 1.2	Interpretation of Stroke Severity Score:< 3.2
Cognition (Hodgkins Mental test): Can the patient recall Hodgkins Mental Test score: options are 0.0, 0.4, 0.8, 1.2		Scoring Cognition (Score out of 10): Mental score 10 = 0.0 Mental score 8-9 = 0.4 Mental score 5-7 = 0.8 Mental score 0-4 = 1.2
 Age of the patient Time (to the nearest hour) (Prompt by you) I am going to give you an address, please remember it and I will ask you later: 42 West St 	1	Strategies for Aphasic Patients
 Name of hospital Year Date of birth of patient Month Years of Second World War (1939-1945) (approximate range okay) Name of President of the United States 	1 1 1 1 1	 Provide 3 choices written down if necessary for each question – allow patient to point to answer Provide a yes/no answer to a question and provide sufficient time for patient to answer e.g.; Patients age – provide 3 choices and yes/no answer Time – provide 3 choices and yes/no answer or use a clock and allow patient to point
9. Count backwards from 2010. What is the address I asked you to remember?	1 1 1	point

ORPINGTON PROGNOSTIC SCALE



Patient's Name:					
PT/OT to complete		Tester Name	:	Date:	
	-1 🗆	Coma at onset of stroke			
	+1 🗆	Pure motor deficit			
	-1 🗆	Visuospatial deficit			vith the time of 10 minutes after 11 am, OR if the have patient observe a clock and tell the time, or ion test)
	+1 🗆	Lacunar infarct		Parietal sympton	as may include:
.	-2 🗆	Bihemispheric deficit		Anosognosi	a: ignorance or lack of awareness of deficit
Stroke Modifiers	-1 🗆	Dysphagia		the thumb or	
	-2 🗆	Parietal Symptoms	 Right-to-left Confusion: inability to foot or arm of the examiner is on the body Aculculia: impairment of simple arit Agraphia: impairment of ability to w 		
	-1 🗆	Incontinence persists 2 w or longer post stroke	2 weeks Does the patient have neurologic bladder incontinence (i.e. unrelated to inability to get to a toilet in time as a result of weakness) that persists for more than 2 weeks post stroke onset?		ity to get to a toilet in time as a result of
	+2 🗆	Age <55 years			
	-3 🗆	Severe cardiovascular dis CCS Class III-IV and/or N		Class III-IV Angina	Confirm the existence of severe cardiac or respiratory disease or symptomatic PVD
Patient Modifiers	-3 🗆	Severe respiratory diseas Class III-IV	se Dysp	pnea	disease with NP or MD
	-1 🗆	Coexistent symptomatic I	PVD		
	-1 🗆	Poor premorbid functionir	ng		
	+2 🗆	Time elapse since stroke	< 2 we	eeks	
Time Modifiers	0 🗆	Time elapsed since strok	e = 2-4	weeks	
Time modifiers	-1 🗆	Time elapsed since strok	e = 4-8	3 weeks	
	-2 🗆	Time elapsed since stroke	e > 8 w	veeks	
If final score is =≥ 0 Clie	ent is a can	nodifiers PLUS stroke sever didate for active IP rehab didate for low tolerance re	progra	ams or home rehab	
If unable to complete the Orpington, If unable to complete the Orpington indicate reason. Consulta SLP may be required to complete the Orpington for patients aphasia					

ACUTE TO INPATIENT REHAB REFERRAL FORM CANADIAN OCCUPATIONAL PERFORMANCE MEASURE©



Patient's Name					
OT/PT to complete	Tester's Name		Date:		
Was a COPM completed for this episode? If NO, Unable to complete COPM (provide Language barrier with no translation availa Aphasia without available support COPM© not currently implemented in orga Other (list below): If Other select – Describe reason unable to	reason) able anization	omplete the COPM			
Tester First Name		Last Name			
Tester Phone Number		Extension			
Completed:		Assessment Date YYY	Y-MM-DD		
Scoring PERFORMANCE (How would you rate the way you do this activity now?) 1 = not able to do it at all, 10 = able to do it extremely well Satisfaction (How satisfied are you with the way you do this activity now? 1 = not satisfied at all, 10 = extremely satisfied					
How many Occupational Performance Pro		fied?			
Occupational Performance Problem 1 Describe: Rate Importance: Occupational Performance Problem 2 Describe: Rate Importance:					
Occupational Performance Problem 3					
Describe: Rate Importance:			Up to 5 Occupational Performance Problems can be identified and rated		
Occupational Performance Problem 4					
Describe: Rate Importance:					
Occupational Performance Problem 5					
Describe: Rate Importance:					
Additional Information					
How many additional Occupational Perfor	mance Problems has the par	tent identified? – Maximu	m of 10		
Notes and Observations					

FUNCTIONAL ASSESSMENT



Patient's Name:			
•	ster Name:	Date:	
Functional Status* - Comment on current function rehab:	and patient's PROGRESS (functi	ional gains) since admission a	and implications for future
Ability to participate – current status:			
Physical Activity tolerance *	Sitting tolerance *	Mental Activity	
□ 15-30 minutes □ Supported □ 30-60 minutes □ 15-30 minutes		☐ 15-30 minute	
> 1 hour 30-60 minutes 30-60 minutes		☐ 30-60 minute	85
	\square >1 hour		
_	—		
Frequency of activity/therapy treatment tolerated:			kly
Comment on changes or limitations in PARTICIPA	TION during this admission and i	implications for future rehab:	
Motivation to participate in rehabilitation (choose Demonstrates motivation to participate in rehab (re Usually motivated to participate, occasional frustra Motivated to participate but attendance, involveme	gular attendance and involvement, tion apparent	cooperation)	
Is the patient experiencing shoulder pain?	Yes No		
Comment:			
Can patient take direction, execute and RETAIN ve	erbal OR written OR visual instruc	ctions? 🗌 Yes 🔲 No	
Anticipated Progress: $$ the column matching anticipated independence by end of next rehab setting	Independent with or without aids	Minimal assistance	Moderate to maximal assistance
Locomotion			
Transfers			
ADL			
IADL			
Other (list)			
Auditional Services.	anagement e & mobility assessment prescriptic	n	

FUNCTIONAL ASSESSMENT - con't



Patient's Name:					
PT/OT to complete	Tester Name:	Date:			
Visual Perceptual Status – Attention*		Visual Perceptual status* Body neglect Reduced depth perception Affected spatial awareness/skills Apraxia Visual field deficit			
Cognition – Attention* No deficit Mild Moderate Severe Unable to test	Memory * No deficit Mild Moderate Severe Unable to test	Judgment *	Executive Functioning * No deficit Mild Moderate Severe Unable to test		
MoCA Score completed? Yes No If Yes indicate score/30		A score <26 warrants ongoing cognitive assessment			
Comments on COGNITION - Describe Impact of Cognition and Perception on Function during this admission*					
If any of mild/moderate/severe checked, mandatory to complete text box					
In your opinion, rate the patient's progress during this admission Marked progress Moderate progress Patient has plateaued in progress Patient is too acute to measure progress Other (comment)					
Comment, RATE OF PROGRESS					

Toronto Stroke Rehab Referral System ACUTE TO INPATIENT REHAB REFERRAL FORM COMMUNICATION AND SWALLOWING



Patient's Name:

SLP to complete Teste	er Name:	Date:			
Is Speech Language Pathologist involved with this patient 🗌 Yes 🔲 No					
Communication Disorder None New Old Both new and old	Speech* Adequate Receptive aphasia Expressive aphas Dysarthria Apraxia Cognitive commun Voice disorder	a [ia [nication deficit	Communicates Adequately With Difficulty Unable		
Current status and changes in <u>COMN</u>	IUNICATION during this admis	sion			
Changes in Communication*					
Swallowing Disorder * Phase Swallowing Affected None Pharyngeal New Oral Old Both Both new and old Esophageal Current status and changes in SWALLOWING during this admission and implications for future rehab:*					
Has videofluoroscopy been performed on this admission? Repeat/videofluoroscopy recommended? Yes Yes No No					
Diet * Regular NPO GJ GJ G	Adjusted diet: solid Minced diet Pureed diet Dental soft diet Snacks only Other (list below):		Adjusted diet: liquids Thin liquids Nectar thick liquids Honey thick liquids Pudding Sips of water only G-tube feeds Other (list below):		
Changes in DIET during this admission and implications for future rehab					
Anticipated Progress: √ the column matching anticipated level of independence by end of next rehab setting Communication	Independent with or without aids	Minimal assistance	Moderate to maximal assistance		
Feeding					
Impact of communication disorder(s) on behavior None Mild Moderate Severe					
Speech, language and diet comment	s:				