

Toronto eStroke Rehab RM&R System ACUTE CARE TO OUTPATIENT REHAB REFERRAL FORM

Please complete all fields and send referral electronically through eStroke or fax a copy of this form to the stroke rehab program if outside of Toronto.

Note: Referrals to community programs require the ATTENDING physician's name and phone number

CLIENT DETAILS	· · · · · · · · · · · · · · · · · · ·
Patient's First Name	Last Name
Responsible Person*:	
Health Card Number *	Version Expiry Date
Province/Territory Issuing Health Card	Referral Provider
DEMOGRAPHICS	
Patient DOB	YYYY-MM-DD
MRN	
Does client have a permanent address? Y N	
Patient's Home Address City	Province
Postal Code	Phone Number
Does the patient have an alternate contact? Y N	
Alternate Contact Name Phone Number	Relation to patient
Current Location*:	
SUPPLEMENTARY INFORMATION	
When was patient admitted to acute care? YYYY-MM-DD*	
Patient's Gender	
Bed Offer Contact: First Name Last Name	Email address
Does the patient have a Primary Care Provider? Y	
Primary Care Provider's Name	
Primary Care Provider's Contact Information (phone or fax)	
Primary Language Spoken ☐ English ☐ Other If other inc	dicate Primary Language Spoken
Speaks, Understands English Yes No	Interpreter Needed? ☐ Yes ☐ No
Premorbid Vocational Status (before this encounter) (amended from CIHI-N	IRS)
	Adjusted/modified work Student Volunteer Unemployed Homemaker Don't know
Type of vocation (Describe)	Tromonation
Educational Level (choose HIGHEST level completed)	
☐ High School Grade 12 ☐ High School Grade 13 ☐ Co	Illege Diploma University Degree
☐ Masters Degree ☐ Doctoral Degree ☐ Do	on't know
Is patient ready to transfer to rehab within the next 24 hours? Yes No If NO, indicate Anticipated date ready for rehab or ready for transfer to rehab* MM/DD/YYYY	If early referral (e.g. patient to be weaned off of NG tube, IV out, dates) provide details in text box if special needs expected to resolve before discharge
Rehab Setting Type Outpatient Rehab Apply to 1 outpatient rehab facilities based on closest to home/discharge desti	ination and/or patient preference.
Additional Referral Comments	

Toronto eStroke Rehab RM&R System ACUTE TO INPATIENT REHAB REFERRAL FORM ACUTE MEDICAL ASSESSMENT



Patient's Name:				
	ignate or Nurse Practitioner to in as much detail as possible.		mandatary	
Date of Stroke Onset (or Date I			Y-MM-DD	
First Stroke? * ☐ Yes ☐ No	Date Previous Stroke	YYY	Y-MM-DD	
Type of Stroke* (current stroke)	☐ Ischemic ☐ Hemorrhagic ☐ Transforming to Hemorrhagic	;		
Stroke Location (most recent CT/MRI)	Left Right Both	Frontal Parietal Cocipital Temporal Internal Capsule		Basal ganglia Thalamus Cerebellum Brainstem
Deficits related to Current Stro L Hemiparesis Dysphagia Cognitive Impairment	ke R Hemiparesis Apraxia		☐ No Paresis ☐ Neglect ☐ Visual Perceptual Deficits	☐ Aphasia ☐ Ataxia ☐ Other (provide additional details):
Previous CT or MRI Findings	None Evidence of previous infarcts Sub cortical white matter cha Sub cortical white matter cha Sub cortical white matter cha	nges - Mild nges - Moderate		
Mechanism of Stroke	□ Carotid Stenosis Required Surgery? □ Yes □ No (IF YES, include details in surgical history below) □ Cardioembolic □ Atrial Fibrillation □ Dilated Cardiomyopathy or other structural/wall movement abnormality □ Valvular problem □ Dissection □ Carotid □ Vertebral □ Small Vessel Thrombosis □ Auto Immune (include details in co-morbidity section below) □ Unknown □ Other (Provide details)			
Treatment Received	☐ Thrombolysis (e.g. t-PA) ☐ Endovascular Treatment (inc	lude details in surgical	history below)	
Specific Conditions Impacting None on this list Angina Coronary Artery Bypass Surg Atrial Fibrillation Arthritis Osteoporosis Amputation Asthma Systemic Lupus Erythematos Cerebral Vasculitis Other (list):	gery or Stenting Procedure			

Toronto eStroke Rehab RM&R System ACUTE TO INPATIENT REHAB REFERRAL FORM ACUTE MEDICAL ASSESSMENT



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Patient's Name:			
Charleson Comorbidities Index No Comorbidities on THIS List			
☐(1) Myocardial Infarct ☐(1) Congestive Heart failure ☐(1) Peripheral Vascular disease ☐(1) Cerebrovascular disease ☐(1) Dementia ☐(1) Chronic pulmonary disease ☐(1) Connective tissue disease	(1) Diabetes (2) Hemiplegia (Pre-existing) (2) Moderate or severe renal disease (2) Diabetes with end organ damage (2) Any tumor (2) Leukemia		The total sum of the comorbidities above reflects the patient's ability to tolerate rehabilitation. Patients with scores > 3 may not tolerate rehabilitation
(1) Ulcer (1) Mild liver disease	(2) Lymphoma (3) Moderate or severe liver disease		
Other Comorbid Conditions of Significance (list):	□(3) AIDS		
Previous Psychiatric History * N If Yes, mandatory to describe histo			
Current Psychiatric Diagnosis * N If Yes, mandatory to specify diagn			
Surgical History/Planned Surgery			
Surgeries No Yes			
	ization/planned surgery with date:		
-	from surgery:		
Stroke Workup			
Echocardiogram H Done Not indicated Booked/_/ yy/mm/dd	olter Monitor Done Not indicated Booked/_/_ yy/mm/dd	Carotid Imagii Done Not indicate Booked	Clinic
Referring Physician's Name		Date	YYYY-MM-DD
Attending Physician's Name*		Date	YYYY-MM-DD
Referring Nurse Practitioner's Nar	me	Date	YYYY-MM-DD

Toronto eStroke Rehab RM&R System ACUTE TO INPATIENT REHAB REFERRAL FORM SOCIAL INFORMATION



Patient's Name:			
FINANCES			
Who manages the patient's FINANCES NOW?	☐ Self	Others	☐ Don't Know
If OTHERS, list contact information contact person, Name Relationship to patient Spouse partner	FINANCES] son or daughter] sibl	ing ⊡relative ⊡ fr	iend
Address	-	Postal Code	
Daytime Phone		Evening Phone	
PERSONAL CARE	-	<u>-</u>	
Who manages the patient's PERSONAL CARE decisions now?	☐ Self	Others	
If others, list contact information	e as contact person, FINA	ANCES OR	
Contact Person, PERSONAL CARE decisions Name Relationship to patient Spouse partner] son or daughter 🔲 sibl	ing	riend
Address		Postal Code	
Daytime Phone Evening Phone			
SUBSTITUTE DECISION MAKER		<u> </u>	
Document if patient retains any of the following			
☐ A substitute decision maker ☐ Power of	Attorney Gu	uardian	Public Guardian/Trustee N/A
Contact information if applicable ☐ Same Contact, FINANCES ☐ Same Contact, PERSONAL CARE ☐ Other, see below.			
If OTHER list contact information Name Relationship to patient			riend
Address		Postal Code	
Daytime Phone		Evening Phone	
☐ Legal Settlement ☐ C ☐ Short Term Disability ☐ C	Private Insurance Ontario Works Canadian Pension Auto Insurance		OAS Self-employed No income Veteran
☐Inter-provincial Insurance Plan ☐In	ederal Government nsured/Self Pay Jninsured/Self Pay		☐IFH (Interim Federal Health Grant) ☐Other Payment Sources ☐Unknown
If insurance payment Name of insurer	Claim #		Certificate #
Group number	Policy #		

Toronto Stroke Rehab Referral System ACUTE TO INPATIENT REHAB REFERRAL FORM SOCIAL INFORMATION (cont'd)



Patient's Name:	
Marital Status:	
Single	Divorced
☐ Married	□Widowed
Common Law	Unknown
	□ OHKHOWH
☐ Separated	
*Home living situation, living with: (Adapted from CIHI-NRS)	
□ Spouse/partner	
Family (including extended family)	
Lives with others (includes retirement home or group home WITH supp	artive convices, currentive living environment live in coregiver LTC\
	ortive services, supportive living environment, live-in caregiver, LTC)
Living alone (includes retirement home with NO supports available)	(
Other (includes rooming house/boarding house/group home/shelter/house/group home/shelter/house/g	stel with NO supportive services available) " It this ticked, mandatory to
complete below	
Caregiver support can be provided by:	
Spouse/partner	Roommate or Others
Family (including extended family)	∐ N/A
B 111 186 1 6 1 1	
Premorbid additional support required:	
Attendant care	
Home support	
Privately-funded care	
None	
Livoie	
Provide information on premorbid function and existing supports re	quired are admission
Trovide information on premorbid function and existing supports re	quireu pre-autilission.
Can caregiver currently provide support with: ADL*	IADL*
N/A, patient does not have a caregiver	
LACUE	
Willing	\vdash
Able	\vdash
Available days	\vdash
Available evenings	
Comments caregiver support Indicate post-rehab supports available	and/or plans in progress (a.g. family to live with nation), able to
assist, able to purchase equipment, securing retirement home):	e and/or plans in progress (e.g. family to live with patient, able to
assist, able to purchase equipment, securing retirement nome).	
Present accommodation:	
House	□Unknown
Residential Group Home	Homeless
Apartment Building	
:	Other (list):
Rooming house	
Describe accommodation barriers that must be dealt with in order	_
for patient to return home:	☐No barriers
Stairs into dwelling	☐Don't know
Stairs to bathroom	Other (list):
Stairs to bedroom	
Expected Discharge Destination Post Rehab:	
Home	
Home, CCAC +/- paid help	
Assisted Living (seniors apt building, retirement home)	
LTC/CCC	
Shelter/Hostel	
Don't know	
Comment:	
- Commont	
Completed by:	Date:

Toronto Stroke Rehab Referral System

ACUTE TO INPATIENT REHAB REFERRAL FORM

ALPHAFIM® INSTRUMENT



PT/OT to complete

- The AlphaFIM ® Instrument provides a snapshot of the patient's burden of care and helps assist in decision making for rehab referrals. Note: The most current details relating to status and management of bowel and bladder continence are provided in the nursing section of the referral
- Consultation with other team members required to ensure lowest score in 24 hours
- Day 3 (or earlier) AlphaFIM® Instrument scores are entered into the eStroke database for patients referred to stroke rehab within 7 days of stroke onset. In addition, a second score may be added to the referral if:
 - there has been a significant change in patient status
 - referrals are initiated or updated after Day 7

O TOTOTIALO ATO TITULA	tod or apaditod ditor B	ay i	
Patient's Name DOB		DOB	YYYY-MM-DD
Tester Name Date of A		Date of As	sessment YYYY-MM-DD
AlphaFIM® scores completed: On or by day 3 (First Assessment) Second Assessment Third		Assessment Fourth Assessment	
Type of Stroke: (tick one) Stroke R body Stroke L body Stroke no paresis Stroke bila		teral Other stroke	
Complete the AlphaFIM® Instrument it	ems indicated below ba	ased on the d	istance the patient can currently walk.
Patient walks less than 150ft	Patient walks 150ft	or more	AlphaFIM® Instrument Rating Levels
Eating	Transfers: Bed Chair		Note: leave no blanks Enter 1 if not able to test an item due to risk No HELPER
Grooming	Walk		7. Complete Independence (no device, timely, safely) 6. Modified Independence (device, not timely, or not safely)
Bowel Management	Bowel Management		Helper Modified Dependence (performs 50% or more of task)
Transfers: Toilet	Transfers: Toilet		5. Supervision (patient performs 100% of the effort) 4. Minimal Assistance (patient performs 75% or more of the effort)
Expression	Expression		3. Moderate Assistance (patient performs 50% - 74% of the effort) Complete Dependence (performs less than 50% of task)
Memory	Memory		Maximal Assistance (patient performs 25% - 49% of the effort) Total Assistance (patient performs < 25% of the effort)
Comments:			
Projected Scores from AlphaFIM® Instrument software at www.udsmr.org (select software portal, AlphaFIM® software).			If bowel scored 7 indicate in comment section if due to: a) Absence of bowel movement in last 24 hours b) Patient fully continent.
FIM® 13 Raw Motor			
FIM® 5 Raw Cognition			
FIM® 13 Rasch Motor			
FIM® 5 Rasch Cognition			Projected scores are calculated using the AlphaFIM® Instrument software.
FIM® Motor Range			instrument soltware.
FIM® Cognition Range			
FIM® Walking Range			
Help Needed			
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ORPINGTON PROGNOSTIC SCALE



Orpington Prognostic Scale TIPS for Completion document available as a link on this page or in REFERENCES Section

PT/OT to complete		
Orpington Prognostic Scale: Grade the patient by CIRCLING the appropriate sc	ores below.	
Motor deficit in arm Lying supine, patient flexes shoulder to 90 degrees and i resistance	s given	
MRC grade 5 (normal power)	0	Total Orpington
MRC grade 4 (diminished power)	0.4	Prognostic Score
MRC grade 3 (movement against gravity)	0.8	1.6
MRC grade 1-2 (movement with gravity eliminated or trace)	1.2	Motor score
MRC grade 0 (no movement)	1.6	+ Proprioception
Proprioception (eyes closed) Locates affected thumb	-	+ Balance score
Accurately	0	+ Cognition Score
Slight difficulty	0.4	=
Finds thumb via arm	0.8	<u>- — — </u>
Unable to find thumb	1.2	
Balance		
Walks 10 feet without help	0	Interpretation of Stroke Severity Score:
Maintains standing position	0.4	< 3.2 score = 3 minor stroke
Maintains sitting position	0.8	3.2-5.2 score = 1 moderate stroke > 5.2 score = -1 major stroke
No sitting balance	1.2	·
Cognition (Hodgkins Mental test): Can the patient recall Hodgkins Mental Test score: options are 0.0, 0.4, 0.8, 1.2		Scoring Cognition (Score out of 10): Mental score 10 = 0.0 Mental score 8-9 = 0.4 Mental score 5-7 = 0.8 Mental score 0-4 = 1.2
1. Age of the patient	1	
2. Time (to the nearest hour)	1	
(Prompt by you) I am going to give you an address, please remember it and I will ask you later: 42 West St		Strategies for Aphasic Patients
3. Name of hospital	1	 Provide 3 choices written down if necessary for each question – allow patient to point to answer
4. Year	1	Provide a yes/no answer to a question and
5. Date of birth of patient	1	provide sufficient time for patient to answer e.g.; o Patients age – provide 3 choices and
6. Month	1	yes/no answer
7. Years of Second World War (1939-1945) (approximate range okay)	1	 Time – provide 3 choices and yes/no answer or use a clock and allow patient to
8. Name of President of the United States	1	point
9. Count backwards from 20	1	
10. What is the address I asked you to remember?	1	

ORPINTON PROGNOSTIC SCALE



Patient's Name:					
PT/OT to complete		Tester Name	:		Date:
	-1 🗆	Coma at onset of stroke			
	+1 🗆	Pure motor deficit			
	-1 🗆	Visuospatial deficit			ith the time of 10 minutes after 11 am, OR if the have patient observe a clock and tell the time, or on test)
	+1 🗆	Lacunar infarct	Parietal symptoms may include: Anosognosia: ignorance or lack of awareness of Finger Agnosia: inability to name individual finger the thumb or finger Right-to-left Confusion: inability to tell whether foot or arm of the examiner is on the right or left shody Aculculia: impairment of simple arithmetic Agraphia: impairment of ability to write		e may include:
	-2 □	Bihemispheric deficit			a: ignorance or lack of awareness of deficit
Stroke Modifiers	-1 🗆	Dysphagia			
	-2 □	Parietal Symptoms			the examiner is on the right or left side of the pairment of simple arithmetic
	-1 □	Incontinence persists 2 w or longer post stroke	eeks	unrelated to inability	ave neurologic bladder incontinence (i.e. by to get to a toilet in time as a result of resists for more than 2 weeks post stroke
	+2 □	Age <55 years			
	-3 🗆	Severe cardiovascular dis CCS Class III-IV and/or N		Class III-IV Angina	Confirm the existence of severe cardiac or respiratory disease or symptomatic PVD
Patient Modifiers	-3 □	Severe respiratory diseas Class III-IV	se Dysp	onea	disease with NP or MD
	-1 🗆	Coexistent symptomatic F	PVD		
	-1 	Poor premorbid functioning	ng		
	+2 🗆	Time elapse since stroke	< 2 we	eeks	
Time Medifiers	0 🗆	Time elapsed since stroke	e = 2-4	weeks	
Time Modifiers	-1 🗆	Time elapsed since stroke	e = 4-8	weeks	
	-2 Time elapsed since stroke > 8 weeks				
Modified Orpington Score If final score is =≥ 0 Clie If final score is < 0 Clie	ent is a can	odifiers PLUS stroke sever didate for active IP rehab didate for low tolerance re	progra	ams or home rehab.)
If unable to complete th Indicate reason	e Orpingto	n,		may be required to c	Orpington indicate reason. Consultation with omplete the Orpington for patients with

CANADIAN OCCUPATIONAL PERFORMANCE MEASURE®



Patient's Name			
OT/PT to complete	Tester's Name		Date:
Was a COPM completed for this episode If NO, Unable to complete COPM (provid Language barrier with no translation ava Aphasia without available support COPM© not currently implemented in or Other (list below): If Other select – Describe reason unable	le reason) illable ganization	omplete the COPM	
Tester First Name		Last Name	
Tester Phone Number		Extension	
Completed:		Assessment Date YYY	Y-MM-DD
Scoring PERFORMANCE (How would you rate the way you do this activity now?) 1 = not able to do it at all, 10 = able to do it extremely well Satisfaction (How satisfied are you with the way you do this activity now? 1 = not satisfied at all, 10 = extremely satisfied			
		fied?	
How many Occupational Performance Problems has the patient identified? Occupational Performance Problem 1 Describe: Rate Importance: Occupational Performance Problem 2 Describe: Rate Importance: Occupational Performance Problem 3 Describe: Rate Importance: Occupational Performance Problem 4 Describe: Rate Importance: Occupational Performance Problem 5 Describe: Cocupational Performance Problem 5 Describe:			
Rate Importance:			
Additional Information			
How many additional Occupational Perfo	ormance Problems has the pat	tent identified? – Maximu	m of 10

FUNCTIONAL ASSESSMENT



Patient's Name:			
PT/OT to complete	Tester Name:	Date:	
Functional Status* - Comment on current functional status - Comme	tion and patient's PROGRESS (funct	ional gains) since admission a	and implications for future
Ability to participate – current status: Physical Activity tolerance *	Sitting tolerance *	Mental Activity	
☐ 15-30 minutes ☐ Supp ☐ 30-60 minutes ☐ 15-30		☐ 15-30 minuto	
□ > 1 hour □ 30-60 □ > 1 hou	ninutes 30-60 minutes	☐ >1 hour	
Frequency of activity/therapy treatment tolera	· ·		kly
Comment on changes or limitations in PARTIC	IPATION during this admission and	implications for future rehab:	
Motivation to participate in rehabilitation (choose One) Demonstrates motivation to participate in rehab (regular attendance and involvement, cooperation) Usually motivated to participate, occasional frustration apparent Motivated to participate but attendance, involvement or cooperation irregular			
Is the patient experiencing shoulder pain?			
Can patient take direction, execute and RETA	N verbal OR written OR visual instru	ctions? 🗌 Yes 🔲 No	
Anticipated Progress: $$ the column matching anticipated independence by end of next rehasetting		Minimal assistance	Moderate to maximal assistance
Locomotion			
Transfers			
ADL			
IADL			
Other (list)			
Auditional Services.	n management -care & mobility assessment prescripti	on	

FUNCTIONAL ASSESSMENT – con't



Patient's Name:			
PT/OT to complete	Tester Name:	Date:	
Visual Perceptual Status – Attentio Normal Mild Inattention Moderate Inattention Severe Inattention	n*	Visual Perceptual status* Body neglect Reduced depth perception Affected spatial awareness/skills Apraxia Visual field deficit	
Cognition - Attention* No deficit Mild Moderate Severe Unable to test	Memory * No deficit Mild Moderate Severe Unable to test	Judgment * No deficit Mild Moderate Severe Unable to test	Executive Functioning * No deficit Mild Moderate Severe Unable to test
MoCA Score completed? Yes If Yes indicate score/30	□ No	A score <26 warrants ongoing co	gnitive assessment
Comments on COGNITION - Descri	be Impact of Cognition and Percept	tion on Function <u>during this admissi</u>	on*
If any of mild/moderate/severe checked, mandatory to complete text box			
In your opinion, rate the patient's progress during this admission Marked progress Moderate progress Minimal progress Patient has plateaued in progress Patient is too acute to measure progress Other (comment)			
Comment, RATE OF PROGRESS			

Toronto Stroke Rehab Referral System ACUTE TO INPATIENT REHAB REFERRAL FORM COMMUNICATION AND SWALLOWING

Toronto	Stroke
	Networks

Patient's Name:					
SLP to complete Tester	Name:	Date	:		
Is Speech Language Pathologist involved with this patient ☐ Yes ☐ No					
Communication Disorder None New Old Both new and old	Speech* Adequate Receptive aphasia Spressive aphasia Dysarthria Apraxia Cognitive communication deficit		Commur Adequ With D Unable	uately Difficulty	
Current status and changes in <u>COMMUNICATION</u> during this admission					
Changes in Communication*					
Swallowing Disorder * None New Old Both new and old Current status and changes in SWALL	Phase Swallowing Affected Pharyngeal Oral Both Esophageal ALLOWING during this admission and implications for future rehab:*				
	<u> </u>	, , , , , , , , , , , , , , , , , , , ,			
Has videofluoroscopy been performed on this admission? □ Yes □ No □ No					
Diet * Regular NPO GJ GJ GG	Adjusted diet: solids Minced diet Pureed diet Dental soft diet Snacks only Other (list below):		Adjusted diet: liquids Thin liquids Nectar thick liquids Honey thick liquids Pudding Sips of water only G-tube feeds Other (list below):		
Changes in DIET during this admission and implications for future rehab					
Anticipated Progress: √ the column matching anticipated level of independence by end of next rehab setting	Independent with or without aids	Minimal assistance		Moderate to maximal assistance	
Communication					
Feeding					
Impact of communication disorder(s) on behavior None Mild Moderate Severe					
Speech, language and diet comments:					

Toronto Stroke Rehab Referral System ACUTE TO INPATIENT REHAB REFERRAL FORM COMMUNITY REFERRAL

Toronto	Stroke
	Networks

Note: Only complete this section if the patient is being referred to rehab in the community					
Reason for referral – services, programs and transportation (check ALL that apply)					
□ Behavioural rehab □ Caregiver peer support □ Clinical dietitian □ Life skills training □ Medical specialist □ Nursing □ Occupational therapy □ Vocational rehab □ Restore continence □ Self care & mobility assessment prescription □ Restore avocation	☐ Physiatry ☐ Physical therapy ☐ Psychology ☐ Social work ☐ Speech language pathology ☐ Supportive independent living ☐ Transitional living ☐ Pain Management ☐ Manage Depression ☐ Home management skills ☐ Other (list)				
Transportation (check ALL that apply) ☐ Independent ☐ Accompanied by friend/family ☐ Accompanied by attendant ☐ Uses Wheel Trans ☐ Uses public transport ☐ Uses other (list)					
Additional Referral Comments:					