



## INPATIENT ADMISSION GUIDELINES FOR STROKE REHAB – supplement to Stroke Triage Tool

### PREDICTING DAILY CARE REQUIREMENTS

The AlphaFIM® Instrument provides an estimate or projection of the FIM® rating on the day the AlphaFIM® items were assessed<sup>3</sup>

Raw FIM® Rating (Sum of Raw Motor and Cognitive Rating)	Daily Care Requirements (Hours of Assistance)
20	>8
21-30	Approximately 7-8
31-40	Approximately 6-7
41-50	Approximately 5-6
51-60	Approximately 4-5
60	Approximately 4
80	Approximately 2
90	Approximately 1
100	Minimal or no assistance
110	No assistance

As a guide when discussing final discharge plans, consider the approximate daily hours of assistance required. The average stroke patient makes a 20-25 point change in FIM during inpatient rehab<sup>4</sup>

### DETERMINING MEDICAL STABILITY<sup>5</sup>

- A clear diagnosis and co-morbidities\* have been established.
- At the time of discharge from acute care, acute medical issues have been addressed; disease processes and/or impairments are not precluding participation in the rehab program.
- Patient's vital signs are stable.
- No undetermined medical issues\* (e.g. excessive shortness of breath, falls, congestive heart failure)
- Medication needs have been determined.

\*All medical investigations have been completed or a follow-up plan is in place at time of referral and follow-up appointments made by time of discharge.

### REHAB ORGANIZATION'S ABILITY TO ACCOMMODATE THE SPECIFIC CARE NEEDS OF THE PATIENT

Patient is medically stable as per the medical stability criteria but has one or more of the following:

X – Not able to accommodate    ✓ - Able to accommodate    EPC – Essential Professional Conversation

	Bridgepoint	Providence	St John's	Toronto Rehab	West Park
NG Tube	X	X	X	X	X
Hemodialysis (HD)	✓ On-site HD	✓ Off-site HD* ✓ EPC required	✓ Off-site HD* ✓ EPC required	X	✓ Off-site HD* ✓ EPC required
Peritoneal Dialysis (PD)	✓	✓	X	X	X
Locked Unit	X	X	X	X	X
IV Chemotherapy	✓ EPC required	X	X	X	X

\*Patient must be able to attend off-site HD appointments safely and independently or with family and/or caregiver support, after 3 pm

### ADDITIONAL CONSIDERATIONS TO SUPPORT TRANSFER TO REHAB

Essential professional conversation may be required for the following:

- Supplemental oxygen:
  - Note: home oxygen may need to be arranged
- IP&C: precautions/isolation needs
- Specialized equipment: i.e. bariatric, VAC, air mattress
- Tracheostomy
- Pre-existing/emerging conditions that require a plan of care to support patient's transition to rehab (e.g. behavioral or psychiatric conditions)

<sup>3</sup>AlphaFIM® Instrument Guide 4.03 /personal correspondence Uniform Data System for Medical Rehabilitation 2012.

<sup>4</sup>Ontario Stroke Evaluation Report, Ontario Stroke Network 2012

<sup>5</sup>Based on GTA Rehab Network Inpatient Rehab/LTLD Referral Guidelines revised May 2009