

**This Outpatient Rehab Referral Form is for** scheduling post-surgery outpatient rehab (OPR). It may be submitted pre-operatively or post-operatively to only 1 organization for OPR. The pre-op referral form is not to be used for scheduling pre-surgery education or pre-surgery rehab. Not all OPR programs accept referrals pre-operatively. See Appendix A for a listing of TJR OPR programs.

**Required for Referral Process:**

1. **OPR** to contact patient within 4 business days of receipt of referral and provide appointment date to patient.
2. **OPR** to notify Acute Care within 4 business days if date of 1<sup>st</sup> OPR appointment is beyond requested timeframe. (See below)

**Acute Care to:**

1. Acute care to notify OPR if change in surgery date or care plan.

**Required Post-Operatively:**

1. **Acute care** to confirm OPR appointment with patient and/or OPR program.
2. **Acute care** to send to OPR: **A discharge summary note that includes relevant post-op information (PT and/or MD note) and discharge date; treatment restrictions; a discharge medication list (preferred); date of follow-up appointment**

**Date of Referral:** D/ \_\_\_\_\_ M/ \_\_\_\_\_ Y/ \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Referral Contact:**

Name: \_\_\_\_\_

Position: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ Pager: ( ) \_\_\_\_\_

Bradma/Addressograph (Please verify patient telephone #)

**Alternate Patient Contact: (if required & authorized by patient)**

Name: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

**Patient is being referred for OPR for:**  Knee  Hip **Requested time frame for 1<sup>st</sup> OPR appointment post discharge:**

**TKR**  within 7 business days  Other \_\_\_\_\_

**THR**  2-3 weeks  4-6 weeks  6-8 weeks  Other \_\_\_\_\_

**Scheduled Date of Surgery:**

D/ \_\_\_\_\_ M/ \_\_\_\_\_ Y/ \_\_\_\_\_  Date Unknown

**Anticipated Date of Discharge:**

D/ \_\_\_\_\_ M/ \_\_\_\_\_ Y/ \_\_\_\_\_  Date Unknown

**Surgical Intervention:**

	Knee Replacement	Revision of Knee Implant	Hip Replacement	Revision of Hip Implant
Right	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Left	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: (e.g. Additional Procedures; resurfacing)				

**Treatment Restrictions: (If available at time of referral)**

No restrictions  Weight Bearing \_\_\_\_\_  
 ROM \_\_\_\_\_  Hip Precaution x \_\_\_ wks  
 No active hip ABD x 6wks (supine, sitting or standing)  
 Other \_\_\_\_\_

**Comment:**

**Primary Diagnosis:**

Osteoarthritis (right)  Osteoarthritis (left)  Rheumatoid Arthritis  
 Avascular Necrosis  Other:

**Allergies:**

**Bariatric? (> 350 lbs.):**  Yes  No

**Secondary Diagnoses:**

Diabetes Mellitus  Hypertension  Cardiac (specify):  
 Respiratory (specify):  Other (specify):

**Language spoken (if not English):** \_\_\_\_\_

**Interpreter required?**  Yes  No  Unknown

**Transportation Plan to Outpatient Rehab:<sup>1</sup>**

Family to drive  Other (describe):

**Family Physician:**

Name: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

**Attending Surgeon: (Signature Required)**

Name \_\_\_\_\_

Phone: ( ) \_\_\_\_\_

Signature: \_\_\_\_\_

Fax: ( ) \_\_\_\_\_

<sup>1</sup> See Appendix B for a listing of LHIN-funded transportation options to be discussed with the patient/family.

APPENDIX A: TJR Outpatient Rehab Programs in the GTA Accepting External Referrals

Organization* *Programs accepting external referrals	Telephone	Fax	External Referrals for TJR Outpatient Rehab are accepted for the following procedures		External Referrals accepted pre-operatively (for post-op Outpatient Rehab)				
<b>Bridgepoint Active Healthcare</b> 14 St. Matthews Road, Toronto, M4M 2B5 (Near Broadview Av & Gerrard St. E.)	<b>416-461-8252</b> <b>Ext.2278</b>	<b>416-461-2089</b>	Primary TKR	✓	Primary TKR	✓			
			Revision TKR	✓	Revision TKR	✓			
			Primary THR	✓	Primary THR	✓			
			Revision THR	✓	Revision THR	✓			
<b>Halton Healthcare Services-Oakville</b> 327 Reynolds St, Oakville, L6J 3L7 (Near Trafalgar Rd and Cornwall Rd)	<b>905-845-2571</b> <b>Ext. 4613</b>	<b>905-815-5109</b>	Primary TKR	✓	Primary TKR				
			Revision TKR	✓	Revision TKR				
			<i>For patients 4-6 weeks post surgery who are residents of the community of Oakville and have a family physician in the catchment area.</i>		Primary THR	✓	Primary THR		
					Revision THR	✓	Revision THR		
<b>Halton Healthcare Services-Milton</b> 7030 Derry Rd, Milton, L9T 7H6 (Near Derry Rd & Highway 25 - Bronte Road)	<b>905-845-2571</b> <b>Ext. 7022</b>	<b>905-876-7005</b>	Primary TKR	✓	Primary TKR				
			Revision TKR	✓	Revision TKR				
			<i>For patients 4-6 weeks post surgery who are residents of the community of Milton and have a family physician in the catchment area.</i>		Primary THR	✓	Primary THR		
					Revision THR	✓	Revision THR		
<b>Halton Healthcare Services-Georgetown</b> 1 Princess Anne Dr, Georgetown, L7G 2B8 (Near Trafalgar Rd & Maple St.)	<b>905-845-2571</b> <b>Ext. 8112</b>	<b>905-873-4567</b>	Primary TKR	✓	Primary TKR				
			Revision TKR	✓	Revision TKR				
			<i>For patients 4-6 weeks post surgery who are residents of the community of Georgetown and have a family physician in the catchment area.</i>		Primary THR	✓	Primary THR		
					Revision THR	✓	Revision THR		
<b>Lakeridge Health - Bowmanville</b> 47 Liberty St South, Bowmanville, L1C 2N4 (Near Liberty St. S & King St. E)	<b>905-623-3331</b> <b>Ext. 1463</b>	<b>905-697-4682</b>	Primary TKR	✓	Primary TKR	<i>Pre-op referrals are held until the post-op information is received. The patient is then admitted for service. For waitlist purposes, admission to the waitlist is determined by receipt of post-operative information.</i>			
			Revision TKR	✓	Revision TKR				
			<i>Referrals may be re-directed to Oshawa site, to facilitate waitlist demands at other sites and ensure TKA/THA patients receive timely service.</i>		Primary THR		✓	Primary THR	
					Revision THR		✓	Revision THR	
<b>Lakeridge Health - Port Perry</b> 451 Paxton St, Port Perry, L9L 1A8 (Near Queen St. & Simcoe St.)	<b>905-985-7321</b> <b>Ext. 5559</b>	<b>905-985-5822</b>	Primary TKR	✓	Primary TKR				
			Revision TKR	✓	Revision TKR				
			<i>Referrals may be re-directed to Oshawa site, to facilitate waitlist demands at other sites and ensure TKA/THA patients receive timely service.</i>		Primary THR		✓	Primary THR	
					Revision THR		✓	Revision THR	
<b>Lakeridge Health - Whitby</b> 300 Gordon St, Whitby, L1N 5T2 (Near Victoria St. W. & Gordon St.)	<b>905-668-6831</b> <b>Ext. 3093</b>	<b>905-665-2414</b>	Primary TKR	✓	Primary TKR				
			Revision TKR	✓	Revision TKR				
			<i>Referrals may be re-directed to Oshawa site, to facilitate waitlist demands at other sites and ensure TKA/THA patients receive timely service.</i>		Primary THR		✓	Primary THR	
					Revision THR		✓	Revision THR	
<b>Lakeridge Health - Oshawa</b> 58 Rossland Rd W, Oshawa, L1G 2V5 (Near Simcoe St. N & Rossland Rd W)	<b>905-576-8711</b> <b>Ext. 4355</b>	<b>905-721-4777</b>	Primary TKR	✓	Primary TKR				
			Revision TKR	✓	Revision TKR				
			<i>Referrals are accepted on a case-by-case basis when the patient resides in the immediate area and transportation to Whitby site would be a hardship.</i>		Primary THR	✓	Primary THR		
					Revision THR	✓	Revision THR		

<b>Organization*</b> <i>*Programs accepting external referrals</i>	<b>Telephone</b>	<b>Fax</b>	<b>External Referrals for TJR Outpatient Rehab are accepted for the following procedures</b>		<b>External Referrals accepted pre-operatively (for post-op Outpatient Rehab)</b>			
<b>Markham Stouffville Hospital – Uxbridge Site</b> 4 Campbell Dr, Uxbridge, L9P 1S4 (Near Brock St. and Hwy 47)	<b>905-852-9771</b> <b>Ext. 5260</b>	<b>905-852-2460</b>	Primary TKR	✓	Primary TKR			
			Revision TKR	✓	Revision TKR			
			For patients living east to Hwy 12, west to Mt. Albert, south to Stouffville, north to Beaverton.		Primary THR		Primary THR	
					Revision THR		Revision THR	
<b>Providence Healthcare</b> 3276 St Clair Avenue East, Toronto, M1L 1W1 (Near St Clair Avenue East & Warden Avenue)	<b>416-285-3666</b> <b>Ext. 3744</b>	<b>416-285-3759</b>	Primary TKR	✓	Primary TKR	✓		
			Revision TKR	✓	Revision TKR	✓		
			Primary THR	✓	Primary THR	✓		
			Revision THR	✓	Revision THR	✓		
<b>Rouge Valley Health System- Centenary Site</b> 2867 Ellesmere Rd, Toronto, M1E 4B9 (Near Neilson Rd & Ellesmere)	<b>416-281-7266</b> <b>(press 0)</b>	<b>416-281-7224</b>	Primary TKR	✓	Primary TKR	✓		
			Revision TKR	✓	Revision TKR	✓		
			Primary THR	✓	Primary THR	✓		
			Revision THR	✓	Revision THR	✓		
<b>Rouge Valley Health System- Ajax &amp; Pickering Site</b> 580 Harwood Ave S, Ajax, L1S 2J4 (Near Harwood Ave & Bayly St)	<b>905-683-2320</b> <b>Ext. 1213</b>	<b>905-428-5204</b>	Primary TKR	✓	Primary TKR	✓		
			Revision TKR	✓	Revision TKR	✓		
			Primary THR	✓	Primary THR	✓		
			Revision THR	✓	Revision THR	✓		
<b>Southlake Regional Health Centre</b> 596 Davis Dr, .Newmarket, L3Y 2P9 (Near Davis Dr. & Prospect St.)	<b>905-895-4521</b> <b>Ext. 2401</b>	<b>905-830-5982</b>	Primary TKR	✓	Primary TKR	✓		
			Revision TKR	✓	Revision TKR	✓		
			Primary THR	✓	Primary THR	✓		
			Revision THR	✓	Revision THR	✓		
<b>St. John's Rehab Program/SHSC</b> 285 Cummer Ave, North York, M2M 2G1 (Near Yonge St. and Cummer Ave.)	<b>416-224-6948</b>	<b>416-226-3358</b>	Primary TKR	✓	Primary TKR	✓		
			Revision TKR	✓	Revision TKR	✓		
			Primary THR	✓	Primary THR	✓		
			Revision THR	✓	Revision THR	✓		
<b>Toronto Rehab/UHN</b> 550 University Ave., Toronto, M5G 2A2 (Near Dundas St. & University Ave.)	<b>416-597-3422</b> <b>Ext. 4514</b>	<b>416-597-7174</b>	Primary TKR	✓	Primary TKR	✓		
			Revision TKR	✓	Revision TKR	✓		
			Primary THR	✓	Primary THR	✓		
			Revision THR	✓	Revision THR	✓		
<b>Trillium Health Partners – Queensway Health Centre</b> 150 Sherway Dr, Tor, M9C 1A5 (Near The Queensway and The West Mall)	<b>416-521-4142</b>	<b>416-521-4192</b>	Primary TKR	✓	Primary TKR	✓		
			Revision TKR	✓	Revision TKR	✓		
			Primary THR	✓	Primary THR	✓		
			Revision THR	✓	Revision THR	✓		
<b>Trillium Health Partners – Credit Valley Hospital</b> 2200 Eglinton Ave. West, Miss, L5M 2N1(Near Eglinton Ave W and Erin Mills Pkwy)	<b>905-813- 1571</b>	<b>905-813-4229</b>	Primary TKR	✓	Primary TKR	✓		
			Revision TKR	✓	Revision TKR	✓		
			Primary THR	✓	Primary THR	✓		
			Revision THR	✓	Revision THR	✓		
<b>West Park Healthcare Centre</b> 82 Buttonwood Ave, Toronto, M6M 2J5 (Near Jane St. & Weston Rd.)	<b>416-243-3778</b>	<b>416-243-1863</b>	Primary TKR	✓	Primary TKR	✓		
			Revision TKR	✓	Revision TKR	✓		
			Primary THR	✓	Primary THR	✓		
			Revision THR	✓	Revision THR	✓		

<b>Organization*</b> <i>*Programs accepting external referrals</i>	<b>Telephone</b>	<b>Fax</b>	<b>External Referrals for TJR Outpatient Rehab are accepted for the following procedures</b>		<b>External Referrals accepted pre-operatively (for post-op Outpatient Rehab)</b>	
<b>William Osler Health System – Brampton</b> 2100 Bovaird Dr East, Brampton, L6R 3J7 (Near Bovaird Dr & Bramalea Rd)	<b>905-494-6540</b>	<b>905-494-6499</b>	Primary TKR	✓	Primary TKR	
			Revision TKR	✓	Revision TKR	
			Primary THR		Primary THR	
			Revision THR		Revision THR	

## APPENDIX B: GTA LHIN Funded Transportation Options\*

### Central LHIN

- Etobicoke Services for Seniors <http://www.esssupportservices.ca/>
- Better Living Health and Community Services <http://www.betterlivinghealth.org/content/transportation-services>
- Circle of Care <https://www.circleofcare.com/helping-you-at-home/transportation/>
- Lumacare (formerly Downsview Services for Seniors) <http://lumacare.ca/programs-and-services/transportation>
- North York Seniors Centre <http://www.nyseniors.org/what-we-do/transportation-services/>
- St. Clair West Services for Seniors <http://www.servicesforseniors.ca/servicespayment/transportation-service.html>
- York West Active Living Centre [http://www.ywalc.ca/index\\_files/transportation.html](http://www.ywalc.ca/index_files/transportation.html)
- CHATS – Community & Home Assistance to Seniors <http://www.chats.on.ca/Programs-Services-Fees>

### Central East LHIN

- Community Care City of Kawartha Lakes <http://www.city.kawarthalakes.on.ca/residents/transportation>
- Community Care Haliburton County <http://www.communitycarehaliburton.com/>
- Community Care Peterborough <http://www.commcareptbo.org/services.php>
- Community Care Northumberland County <http://www.commcare.ca/>
- Momiji Health Care Society <http://www.momiji.on.ca/programs/transportation.html>
- St Paul's L'Amoreaux Centre <http://www.splc.ca/>
- Carefirst <http://www.carefirstseniors.com/websites/content.php?id=30>
- Transcare <https://www.tcare.ca/>
- Scarborough Centre for Healthy Communities <http://www.schcontario.ca/programs-and-opportunities/community-services/home-based-programs>
- Yee Hong Centre for Geriatric Care <http://www.yeehong.com/centre/transportation.php>
- Community Care Durham <http://www.communitycaredurham.on.ca/supportservices.html>

### Central West LHIN

- Dufferin County Community Support Services <http://peel.cioc.ca/record/CWL0249?Number=5>
- Canes Community Care <http://www.canes.on.ca/services/seniors-ride-connect>
- Caledon Community Services <http://www.ccs4u.org/transportation.aspx>

### Mississauga Halton LHIN

- Canadian Red Cross Transportation Services. Contact person: Val Cook at [Valerie.Cook@redcross.ca](mailto:Valerie.Cook@redcross.ca) or CrossWheels Scheduling Center 1-877-848-0707.

### Toronto Central LHIN

- Call-A-Service, Harmony Hall (<http://www.call-a-service.com/transport.html>)
- Humber Community Seniors Services (<http://humber seniors.org/Services.htm>)
- Mid-Toronto Community Services <http://seniortoronto.ca/topics/transportation>
- Neighbourhood Link / Senior Link (<http://www.neighbourhoodlink.org/seniors/>)
- Senior Peoples' Resources in North Toronto (SPRINT) (<http://sprintseniorcare.org/>)
- St. Christopher's House (<http://www.stchrishouse.org/older-adults/home-help-homemaking/InHomeServices/OacWelcomePage.php>)
- Storefront Humber (<http://www.storefronthumber.ca/program.html>)
- Warden Woods Community Centre (<http://wardenwoods.com/transportation-service.html>)
- West Toronto Services for Seniors (<http://www.silvercircle.ca/services/>)
- Woodgreen Community Services (<http://www.woodgreen.org/ServiceSearchResults.aspx?type=6&search=transportation>)

\*as of June 2015